

BASIC INTERNSHIP GUIDELINES

The student intern is expected to take on appropriate work-related responsibilities at the site and become a contributing member of the treatment team.

I. Orientation to Internship

- A. Define role and responsibilities of student intern at internship site
 - 1. Professionalism (including punctuality, appearance, etc.)
 - 2. Daily schedule
 - 3. Agency/hospital policy and procedure regarding mandated reporting, suicidal ideation of clients, and basic safety issues
- B. Define role of onsite supervisor
- C. *For first year students: provide opportunity for observation and modeling before expectation of leading sessions

II. Supervision

- A. *One hour per week of consistent individual supervision
- B. Requirement of personal therapy as an ethical part of training
- C. Ongoing discussion of intern's progress (strengths/challenges)
- D. Develop understanding of and how to process and apply transference/counter-transference material
- E. Develop theoretical and emotional understanding of clinical work

III. Training Opportunities

- A. Access to charts and/or client histories as appropriate to site
- B. Observation of group and individual sessions as appropriate to site
- C. Co-lead and/or lead groups when appropriate
- D. Work with individual clients when appropriate
- E. Observe/administer assessments and/or intakes
- F. Model art therapy techniques
- G. Documentation required by site
- H. Interaction with staff and professionals in other disciplines
- I. Promotion of legal and ethical practice and standards specific to site
- J. Participation in activities appropriate to site (rounds, staff meetings, case conferences, professional trainings, etc.)
- K. Discuss how sociopolitical issues, culture, and power structures impact treatment
- L. Develop individualized treatment plans clients
- M. Develop long and short term individualized goals for individuals and groups
- N. Develop ability to respond to crisis situations