

SECOND YEAR INTERNSHIP OBJECTIVES

I. Professionalism

- A. Develop ability to work independently and as part of team.
- B. Develop ability clearly define art therapy and art therapist role specific to site
- C. Demonstrate ability to advocate for clients
- D. Present material in concise professional clinical language in oral and written form
- E. Be punctual and complete all responsibilities in a timely and professional manner
- F. Gain ability to develop goals and treatment plans individualized to client
- G. Open engagement with other departments/disciplines to inform art therapy work

II. Clinical Art Therapy Skills (Theory/Application)

- A. In-depth understanding and application of:
 - 1. Interrelationship between art and individual psychodynamics
 - 2. Transference and countertransference concepts
 - 3. Diagnostic categories and treatment implications
- B. Advanced consideration of the impact of sociopolitical issues, culture and power structures on client treatment
- C. Ability to lead individual/group sessions independently and responsible for on-going cases
- D. Ability to sit with client and process emotions and traumatic content of work in verbal, non-verbal, and artistic form
- E. Ability to balance client's shifting need for structure and flexibility within session
- F. Consideration and utilization of art exhibition as a therapeutic tool
- G. Understanding of staff dynamics and effect on clients and art therapy profession
- H. In depth understanding of and engagement in the termination process

III. Supervision

- A. Ability to initiate and engage in supervision in an open, non-defended manner
- B. Ability to monitor one's work and assess strengths and challenges
- C. Ability to become aware of and process countertransference/transference issues and apply understanding to client treatment.
- D. Ability to utilize personal art making to explore and process personal reactions to internship experience and apply insight to clinical work.

Internship Imagery Sketchbook: As part of their weekly supervision class, all students maintain an internship imagery sketchbook with weekly recordings of their feelings related to their internship experience. Though their imagery students explore counter-transference, increase self-awareness and empathy, and practice self-care. This sketchbook is brought to class each week and is processed in class and in individual supervision. On-site supervisors are encouraged to utilize the sketchbook with students at the internship site.